APEX BY VERISMO · NOVEMBER 2026

Where to open a family practice in Ontario

Residents per family doctor and the specialist mix, area by area: Toronto's districts and every other city as a whole

8,761	1,624	4.7	74
family doctors at community practices	residents per family doctor, Ontario	specialty clinics per 10 family clinics, Ontario	areas scored

Key points

- **Doctors matter more than clinics.** One family clinic can hold 1 doctor or 60, so we rank mainly by **residents per family doctor**. The Ontario average is **1,624**.
- **Most crowded: Timmins.** 33 family doctors share 28,893 residents, **876 each**. **Downtown Toronto** has the fewest residents per family doctor of the 74 areas, **691**, and ranks #4.
- **Most room: Woodstock.** 19 family doctors for 51,693 residents, **2,721 each**, and 9.2 specialty clinics per 10 family clinics. Near Toronto, **Oshawa, Markham, York and West Toronto** make the top 10.
- **Brampton has room, Milton doesn't.** Brampton has 2,168 residents per family doctor, more than Ontario's 1,624, but few specialty clinics. Mississauga sits at the average with 1,632. Milton, with 1,397, is #5 most crowded.

1. The 10 most crowded areas
2. The 10 areas with the most room
3. Toronto, district by district
4. Toronto on the map
5. The rest of the GTA
6. Where they are: Southern Ontario
7. Specialists vs family doctors, by region
8. The 15 areas with the most specialists
9. Every ranked area, most room first (74)

10. Every area by region, with its postal codes
11. Every area, most specialists first (135)
12. How the score works, how we ranked, and what it doesn't show

Score = 70 × A + 30 × B. A is the share of the other 73 areas (20,000+ residents, 3+ family clinics) with fewer residents per family doctor; B, the share with fewer specialty clinics per 10 family clinics. 100 is the most room. Full article: verismo-apex.com/resources/where-to-open-a-family-practice-in-ontario

The 10 most crowded areas

THE 10 MOST CROWDED AREAS



Specialists: specialty clinics per 10 family clinics; Ontario 4.7, few under 3.5, many over 5.9. CPSO register, Nov 2026; 2021 Census.

The 10 areas with the most room

THE 10 AREAS WITH THE MOST ROOM



Specialists: specialty clinics per 10 family clinics; Ontario 4.7, few under 3.5, many over 5.9. CPSO register, Nov 2026; 2021 Census.

Toronto, district by district

TORONTO DISTRICTS, MOST ROOM FIRST

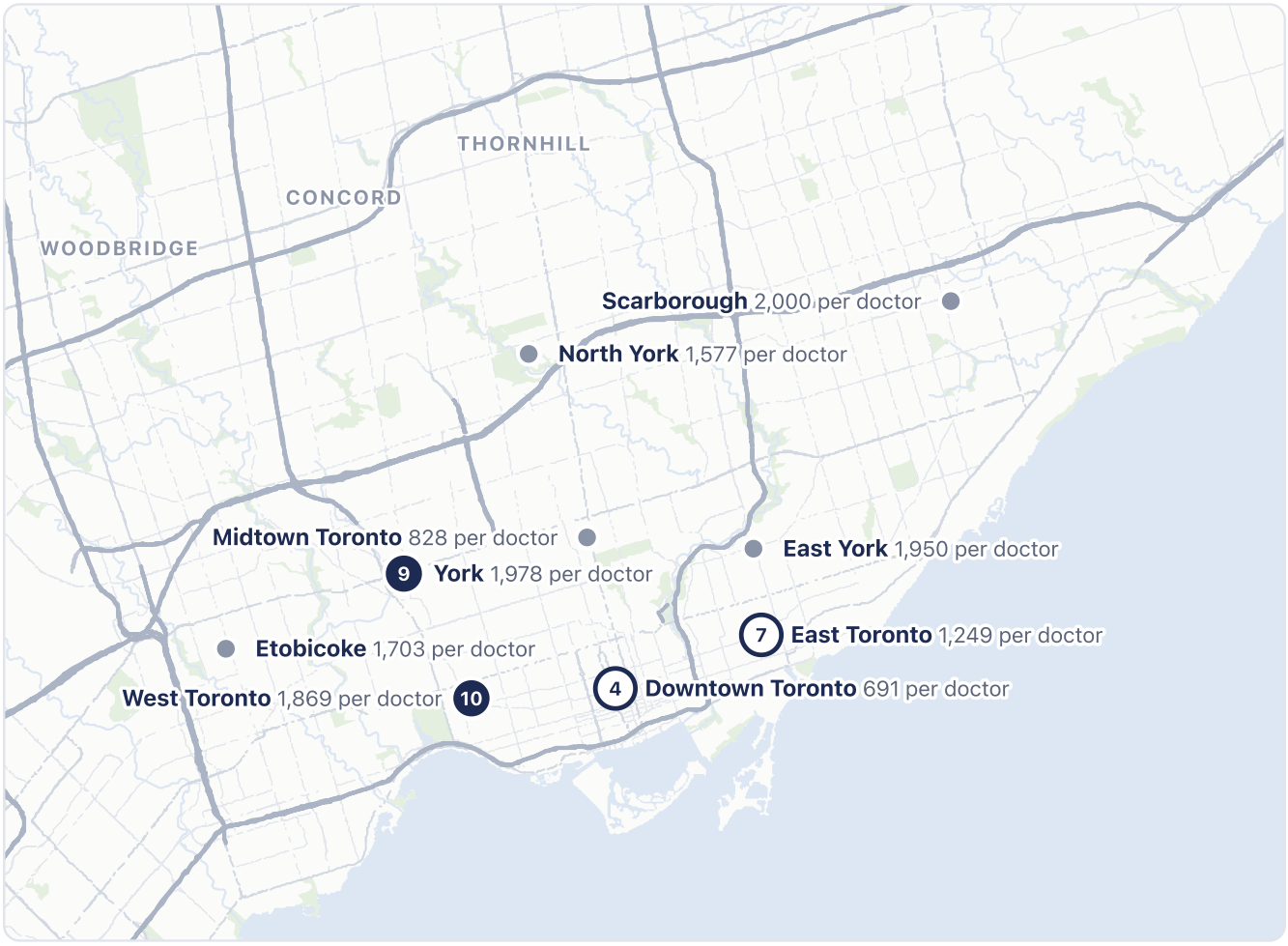


Specialists: specialty clinics per 10 family clinics; Ontario 4.7, few under 3.5, many over 5.9. CPSO register, Nov 2026; 2021 Census.

Toronto on the map

Toronto

1 Most crowded, by rank 1 Most room, by rank Other districts



Map © OpenStreetMap contributors · Marker: centre of the district's residents, numbered by rank in its list of 10

The rest of the GTA

GTA CITIES OUTSIDE TORONTO, MOST ROOM FIRST



Clarington 74 doctors · 91,745 residents	1,240	**Few** 1.5 per 10 clinics	15

Fewer residents per doctor than Ontario (more crowded) · More than Ontario (more room)

Specialists: specialty clinics per 10 family clinics; Ontario 4.7, few under 3.5, many over 5.9. CPSO register, Nov 2026; 2021 Census.

Where they are: Southern Ontario

Southern Ontario

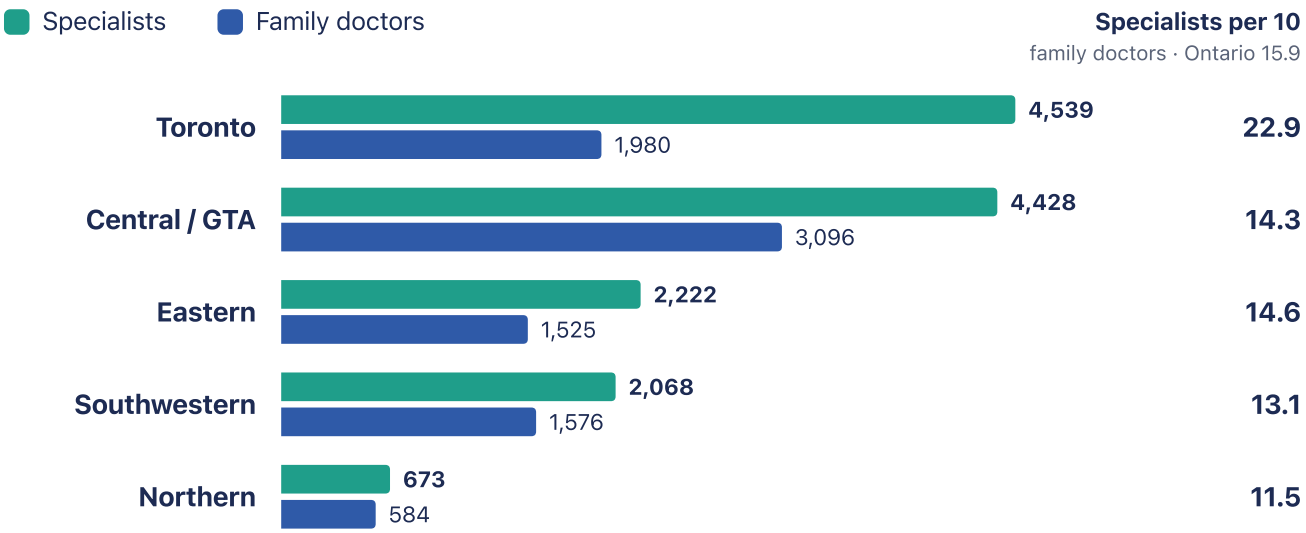
(1) Most crowded, by rank · 1 Most room, by rank



Map: Natural Earth · Marker: centre of the area's residents, by rank in its list of 10 · Dashed box: Toronto, mapped below

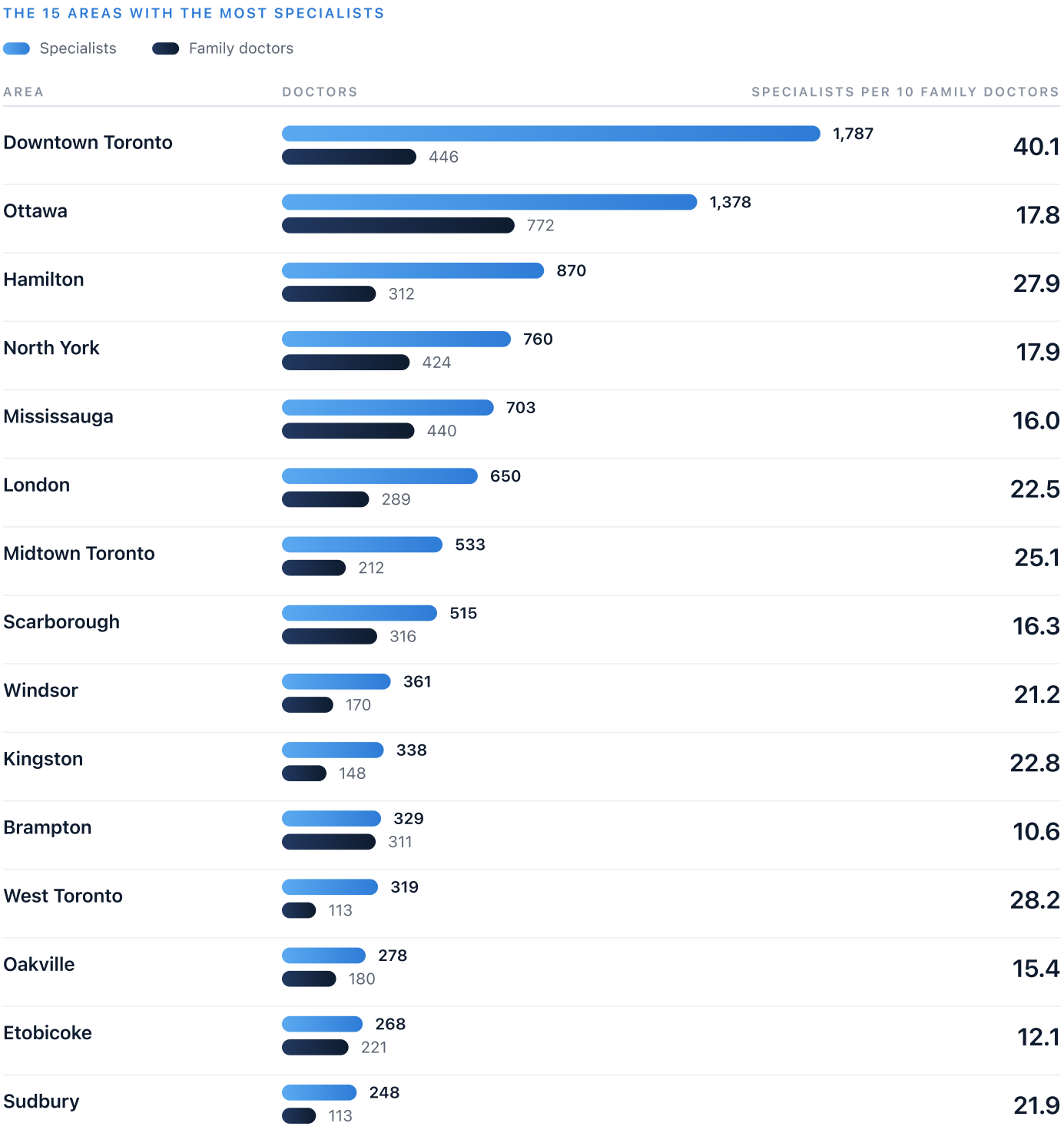
Specialists vs family doctors, by region

Specialists and family doctors by region



CPSO register, November 2026 · Family doctors at hospital-only addresses left out

The 15 areas with the most specialists



Ontario: 15.9 specialists per 10 family doctors. CPSO register, Nov 2026; family doctors at hospital-only addresses left out.

Every ranked area, most room first (74)

RANK	AREA	REGION	RESIDENTS PER FAMILY DOCTOR	SPECIALTY CLINICS PER 10 FAMILY CLINICS	SCORE
1	Woodstock	Southwestern	2,721	9.2	93
2	Niagara Falls	Central / GTA	3,345	6.1	90
3	Sarnia	Southwestern	2,278	14.5	88
4	Amherstburg	Southwestern	2,711	6.7	87
5	Oshawa	Central / GTA	2,830	5.6	85
6	Quinte West	Eastern	2,894	5.0	83
7	Markham	Central / GTA	2,418	6.1	82
8	LaSalle	Southwestern	3,024	3.3	75
9	York	Toronto	1,978	7.0	74
10	West Toronto	Toronto	1,869	9.0	74
11	Caledon	Central / GTA	3,598	1.1	71
12	Whitchurch-Stouffville	Central / GTA	2,519	4.0	71
13	Sault Ste. Marie	Northern	1,793	10.0	71
14	Welland	Central / GTA	2,197	5.0	70
15	Simcoe	Southwestern	1,800	8.3	70
16	Ajax	Central / GTA	2,585	3.2	69
17	Leamington	Southwestern	1,966	5.0	65
18	Brantford	Southwestern	1,738	8.2	65
19	Tillsonburg	Southwestern	2,391	2.5	64
20	Pembroke	Eastern	1,885	5.0	63
21	Cornwall	Eastern	1,856	5.3	63
22	Stratford	Southwestern	1,645	12.5	63
23	St. Thomas	Southwestern	2,250	2.7	62
24	Bradford West Gwillimbury	Central / GTA	2,416	0.0	61
25	Orangeville	Central / GTA	2,203	3.1	61
26	East York	Toronto	1,950	4.6	61
27	Scarborough	Toronto	2,000	3.8	60
28	Wasaga Beach	Central / GTA	2,259	0.0	58
29	Brampton	Central / GTA	2,168	2.0	58
30	Whitby	Central / GTA	2,146	2.9	58
31	New Tecumseth	Central / GTA	1,996	3.3	58
32	Hamilton	Central / GTA	1,781	5.1	58
33	Belleville	Eastern	1,674	6.5	58
34	Chatham-Kent	Southwestern	1,583	10.6	58
35	Peterborough	Eastern	1,593	8.2	57

RANK	AREA	REGION	RESIDENTS PER FAMILY DOCTOR	SPECIALTY CLINICS PER 10 FAMILY CLINICS	SCORE
36	Etobicoke	Toronto	1,703	5.3	56
37	Cambridge	Southwestern	1,609	6.9	55
38	North York	Toronto	1,577	6.6	50
39	Lindsay	Eastern	1,468	8.6	49
40	Halton Hills	Central / GTA	1,818	1.8	48
41	Kitchener	Southwestern	1,766	3.4	48
42	Carleton Place	Eastern	1,698	4.0	46
43	St. Catharines	Central / GTA	1,532	5.7	46
44	Windsor	Southwestern	1,484	7.0	46
45	Thunder Bay	Northern	1,459	8.0	46
46	Mississauga	Central / GTA	1,632	4.0	42
47	Barrie	Central / GTA	1,590	4.2	40
48	Cobourg	Eastern	1,486	5.0	40
49	Vaughan	Central / GTA	1,511	4.6	38
50	Georgina	Central / GTA	1,659	0.0	36
51	Pickering	Central / GTA	1,653	1.4	36
52	Richmond Hill	Central / GTA	1,433	4.6	33
53	Brockville	Eastern	1,225	6.4	32
54	Sudbury	Northern	1,157	8.2	32
55	Grimsby	Central / GTA	1,292	5.0	31
56	Midtown Toronto	Toronto	828	14.0	31
57	Orillia	Central / GTA	1,431	4.2	30
58	London	Southwestern	1,417	4.4	30
59	Aurora	Central / GTA	1,514	1.8	29
60	Owen Sound	Southwestern	999	7.5	29
61	Newmarket	Central / GTA	1,346	4.5	28
62	North Bay	Northern	849	8.3	28
63	Oakville	Central / GTA	1,188	5.6	27
64	Ottawa	Eastern	1,245	4.5	26
65	Waterloo	Southwestern	1,222	4.8	24
66	Burlington	Central / GTA	1,214	5.0	24
67	Kingston	Eastern	860	6.2	24
68	East Toronto	Toronto	1,249	3.6	22
69	Guelph	Southwestern	1,231	4.0	21
70	Milton	Central / GTA	1,397	1.7	20
71	Downtown Toronto	Toronto	691	6.0	20
72	Collingwood	Central / GTA	1,071	4.3	17
73	Clarington	Central / GTA	1,240	1.5	15

RANK	AREA	REGION	RESIDENTS PER FAMILY DOCTOR	SPECIALTY CLINICS PER 10 FAMILY CLINICS	SCORE
74	Timmins	Northern	876	1.5	6

Every area by region, with its postal codes

Toronto: 9 areas

AREA	RESIDENTS	FAMILY DOCTORS	RESIDENTS PER FAMILY DOCTOR	FAMILY CLINICS	SPECIALTY CLINICS	POSTAL CODES
North York	668,839	424	1,577	151	100	M2H, M2J, M2K, M2L, M2M, M2N, M2P, M2R, M3A, M3B, M3C, M3H, M3J, M3K, M3L, M3M, M3N, M4A, M5M, M6A, M6B, M6L, M9L, M9M
Scarborough	631,944	316	2,000	141	53	M1B, M1C, M1E, M1G, M1H, M1J, M1K, M1L, M1M, M1N, M1P, M1R, M1S, M1T, M1V, M1W, M1X
Etobicoke	376,333	221	1,703	88	47	M8V, M8W, M8X, M8Y, M8Z, M9A, M9B, M9C, M9P, M9R, M9V, M9W
Downtown Toronto	308,211	446	691	157	94	M4W, M4X, M4Y, M5A, M5B, M5C, M5E, M5G, M5H, M5J, M5L, M5S, M5T, M5V, M5W, M5X, M6G, M7A
West Toronto	211,199	113	1,869	39	35	M6H, M6J, M6K, M6P, M6R, M6S
Midtown Toronto	175,525	212	828	50	70	M4N, M4P, M4R, M4S, M4T, M4V, M5N, M5P, M5R
York	170,140	86	1,978	37	26	M6C, M6E, M6M, M6N, M9N
East York	138,476	71	1,950	26	12	M4B, M4C, M4G, M4H, M4J
East Toronto	113,656	91	1,249	22	8	M4E, M4K, M4L, M4M

Central / GTA: 43 areas

AREA	RESIDENTS	FAMILY DOCTORS	RESIDENTS PER FAMILY DOCTOR	FAMILY CLINICS	SPECIALTY CLINICS	POSTAL CODES
Mississauga	717,933	440	1,632	202	81	L4T, L4V, L4W, L4X, L4Y, L4Z, L5A, L5B, L5C, L5E, L5G, L5H, L5J, L5K, L5L, L5M, L5N, L5R, L5T, L5V, L5W
Brampton	674,213	311	2,168	142	29	L6P, L6R, L6S, L6T, L6V, L6W, L6X, L6Y, L6Z, L7A, L9V
Hamilton	555,682	312	1,781	152	77	L8B, L8E, L8G, L8H, L8J, L8K, L8L, L8M, L8N, L8P, L8R, L8S, L8T, L8V, L8W, L9A, L9B, L9C, L9G, L9H, L9K, L9S
Markham	338,456	140	2,418	71	43	L3P, L3R, L3S, L3T, L6B, L6C, L6E, L6G
Vaughan	317,358	210	1,511	82	38	L4H, L4J, L4K, L4L, L6A
Oakville	213,759	180	1,188	66	37	L6H, L6J, L6K, L6L, L6M
Richmond Hill	202,010	141	1,433	48	22	L4B, L4C, L4E, L4S
Burlington	186,968	154	1,214	58	29	L7L, L7M, L7N, L7P, L7R, L7S, L7T
Oshawa	175,452	62	2,830	25	14	L1G, L1H, L1J, L1K, L1L
Barrie	160,633	101	1,590	38	16	L4M, L4N, L9X
Milton	142,509	102	1,397	35	6	L9E, L9L, L9T
St. Catharines	137,869	90	1,532	44	25	L2M, L2N, L2P, L2R, L2S, L2T, L2W
Whitby	137,340	64	2,146	24	7	L1M, L1N, L1P, L1R

AREA	RESIDENTS	FAMILY DOCTORS	RESIDENTS PER FAMILY DOCTOR	FAMILY CLINICS	SPECIALTY CLINICS	POSTAL CODES
Ajax	126,666	49	2,585	22	7	L1S, L1T, L1Z
Pickering	95,859	58	1,653	21	3	L1V, L1W, L1X
Niagara Falls	93,659	28	3,345	23	14	L2E, L2G, L2H, L2J
Clarington	91,745	74	1,240	13	2	L1B, L1C, L1E
Newmarket	88,840	66	1,346	29	13	L3X, L3Y
Caledon	68,362	19	3,598	9	1	L7C, L7E
Aurora	62,061	41	1,514	17	3	L4G
Halton Hills	61,817	34	1,818	17	3	L7G, L7J
Welland	59,331	27	2,197	16	8	L3B, L3C
Orangeville	57,276	26	2,203	16	5	L7K, L9W
Whitchurch-Stouffville	50,389	20	2,519	5	2	L4A
Orillia	48,651	34	1,431	19	8	L3V
Bradford West Gwillimbury	41,072	17	2,416	11	0	L3Z
Georgina	29,861	18	1,659	5	0	L4P
Collingwood	28,925	27	1,071	14	6	L9Y
Grimsby	28,433	22	1,292	8	4	L3M
New Tecumseth	25,949	13	1,996	6	2	L9R
Wasaga Beach	24,849	11	2,259	5	0	L9Z
East Gwillimbury	21,656	4	5,414	2	0	L9N
Thorold	19,795	14	1,414	6	3	L2V
Port Colborne	19,458	10	1,946	3	1	L3K
Midland	19,245	20	962	8	2	L4R
King	17,809	4	4,452	3	0	L7B
Uxbridge	17,383	9	1,931	4	0	L9P
Fort Erie	17,293	6	2,882	6	2	L2A
Penetanguishene	16,607	17	977	5	2	L9M
Port Hope	15,845	9	1,761	5	3	L1A
Lincoln	—	6	—	2	0	L3J
Essa	—	1	—	1	1	L3W
Rural Central Ontario	362,301	105	3,450	36	10	L0A, L0C, L0E, L0G, L0H, L0K, L0L, L0M, L0P, L0R, L0S

Southwestern: 40 areas

AREA	RESIDENTS	FAMILY DOCTORS	RESIDENTS PER FAMILY DOCTOR	FAMILY CLINICS	SPECIALTY CLINICS	POSTAL CODES
London	409,536	289	1,417	111	49	N5V, N5W, N5X, N5Y, N5Z, N6A, N6B, N6C, N6E, N6G, N6H, N6J, N6K, N6P

AREA	RESIDENTS	FAMILY DOCTORS	RESIDENTS PER FAMILY DOCTOR	FAMILY CLINICS	SPECIALTY CLINICS	POSTAL CODES
Windsor	252,362	170	1,484	66	46	N8N, N8P, N8R, N8S, N8T, N8W, N8X, N8Y, N9A, N9B, N9C, N9E, N9G
Kitchener	226,073	128	1,766	53	18	N2A, N2B, N2C, N2E, N2G, N2H, N2M, N2N, N2R
Cambridge	139,963	87	1,609	32	22	N1R, N1S, N2P, N3C, N3H
Guelph	137,817	112	1,231	40	16	N1C, N1E, N1G, N1H, N1L
Waterloo	128,295	105	1,222	31	15	N2J, N2K, N2L, N2T, N2V
Brantford	100,791	58	1,738	28	23	N3R, N3S, N3T
Sarnia	66,054	29	2,278	11	16	N7S, N7T, N7V
Chatham-Kent	63,330	40	1,583	17	18	N7L, N7M, N8A
St. Thomas	51,761	23	2,250	15	4	N5P, N5R
Woodstock	51,693	19	2,721	13	12	N4S, N4T, N4V
LaSalle	33,262	11	3,024	3	1	N9H, N9J
Stratford	32,898	20	1,645	8	10	N5A
Owen Sound	28,975	29	999	8	6	N4K
Leamington	27,530	14	1,966	6	3	N8H
Simcoe	23,402	13	1,800	6	5	N3Y
Amherstburg	21,688	8	2,711	3	2	N9V
Tillsonburg	21,519	9	2,391	4	1	N4G
Strathroy	19,921	14	1,423	8	1	N7G
Fergus	18,498	17	1,088	5	1	N1M
Brant (Paris)	17,676	8	2,210	4	2	N3L
Wilmot	17,045	3	5,682	1	0	N3A
Kingsville	15,836	12	1,320	3	0	N9Y
Caledonia	15,805	9	1,756	3	0	N3W
Ingersoll	15,721	1	15,721	4	0	N5C
Aylmer	15,625	6	2,604	2	0	N5H
Listowel	13,311	10	1,331	3	0	N4W
Woolwich	13,190	1	13,190	1	0	N3B
Dunnville	12,614	5	2,523	5	1	N1A
Goderich	12,495	14	892	3	1	N7A
Kincardine	12,341	15	823	4	1	N2Z
Essex	11,819	6	1,970	3	2	N8M
Hanover	10,341	11	940	2	0	N4N
Campbellford	9,946	10	995	3	0	N4X
Meaford	8,337	7	1,191	3	0	N4L
Delhi	8,223	3	2,741	1	0	N4B
Port Stanley	3,714	2	1,857	1	1	N5L
Tecumseh	2,757	7	394	1	0	N9K

AREA	RESIDENTS	FAMILY DOCTORS	RESIDENTS PER FAMILY DOCTOR	FAMILY CLINICS	SPECIALTY CLINICS	POSTAL CODES
Lakeshore	—	3	—	2	0	N8L
Rural Southwestern Ontario	636,487	248	2,566	75	5	N0A, N0B, N0C, N0E, N0G, N0H, N0J, N0K, N0L, N0M, N0N, N0P, N0R

Eastern: 24 areas

AREA	RESIDENTS	FAMILY DOCTORS	RESIDENTS PER FAMILY DOCTOR	FAMILY CLINICS	SPECIALTY CLINICS	POSTAL CODES
Ottawa	961,174	772	1,245	276	124	K1A, K1B, K1C, K1E, K1G, K1H, K1J, K1K, K1L, K1M, K1N, K1P, K1R, K1S, K1T, K1V, K1W, K1X, K1Y, K1Z, K2A, K2B, K2C, K2E, K2G, K2H, K2J, K2K, K2L, K2M, K2P, K2S, K2T, K2V, K2W, K4A, K4B, K4C, K4M, K4P
Kingston	127,254	148	860	56	35	K7K, K7L, K7M, K7P
Peterborough	87,610	55	1,593	17	14	K9H, K9J, K9K
Belleville	53,559	32	1,674	17	11	K8N, K8P, K8W
Cornwall	48,267	26	1,856	15	8	K5H, K6H, K6J
Lindsay	29,369	20	1,468	7	6	K9V
Quinte West	28,936	10	2,894	6	3	K8V
Brockville	28,174	23	1,225	11	7	K6V
Cobourg	26,757	18	1,486	8	4	K9A
Pembroke	26,392	14	1,885	6	3	K8A, K8G
Carleton Place	20,382	12	1,698	5	2	K7C
Smiths Falls	17,575	9	1,953	4	2	K7A
Clarence-Rockland	16,958	16	1,060	2	0	K4K
Petawawa	16,188	18	899	4	1	K8H
Perth	16,175	29	558	8	2	K7H
Napanee	15,480	15	1,032	4	2	K7R
Arnprior	14,265	20	713	5	0	K7S
Renfrew	13,943	5	2,789	4	1	K7V
Hawkesbury	12,529	17	737	5	1	K6A
Russell	8,740	2	4,370	2	2	K4R
Gananoque	8,740	6	1,457	2	0	K7G
Loyalist	8,395	7	1,199	3	1	K7N
Athens	7,813	2	3,906	1	0	K9L
Rural Eastern Ontario	594,410	249	2,387	69	15	K0A, K0B, K0C, K0E, K0G, K0H, K0J, K0K, K0L, K0M

Northern: 19 areas

AREA	RESIDENTS	FAMILY DOCTORS	RESIDENTS PER FAMILY DOCTOR	FAMILY CLINICS	SPECIALTY CLINICS	POSTAL CODES
Sudbury	130,796	113	1,157	39	32	P3A, P3B, P3C, P3E, P3G, P3L, P3N, P3P, P3Y
Thunder Bay	100,655	69	1,459	20	16	P7A, P7B, P7C, P7E, P7K
Sault Ste. Marie	75,320	42	1,793	12	12	P6A, P6B, P6C
North Bay	33,113	39	849	18	15	P1B
Timmins	28,893	33	876	13	2	P4N, P4R
Huntsville	18,099	23	787	6	2	P1H
Bracebridge	17,984	14	1,285	7	4	P1L
Parry Sound	14,695	20	735	4	0	P2A
Kenora	14,088	11	1,281	5	0	P9N
Elliot Lake	11,372	6	1,895	2	0	P5A
Gravenhurst	11,083	6	1,847	3	2	P1P
Fort Frances	10,079	9	1,120	3	0	P9A
Sturgeon Falls	9,754	5	1,951	5	1	P2B
Dryden	9,619	8	1,202	4	0	P8N
Kapuskasing	8,260	9	918	3	1	P5N
Kirkland Lake	6,944	3	2,315	2	0	P2N
Sioux Lookout	5,541	40	139	8	1	P6T, P8T
Espanola	5,427	4	1,357	2	0	P5E
Rural Northern Ontario	291,039	130	2,239	60	7	P0A, P0B, P0C, P0H, P0J, P0K, P0L, P0M, P0N, P0P, P0R, P0S, P0T, P0V, P0W, P0X

Every area, most specialists first (135)

RANK	AREA	SPECIALISTS	FAMILY DOCTORS	PER 10 FAMILY DOCTORS
1	Downtown Toronto	1,787	446	40.1
2	Ottawa	1,378	772	17.8
3	Hamilton	870	312	27.9
4	North York	760	424	17.9
5	Mississauga	703	440	16.0
6	London	650	289	22.5
7	Midtown Toronto	533	212	25.1
8	Scarborough	515	316	16.3
9	Windsor	361	170	21.2
10	Kingston	338	148	22.8
11	Brampton	329	311	10.6
12	West Toronto	319	113	28.2
13	Oakville	278	180	15.4
14	Etobicoke	268	221	12.1
15	Sudbury	248	113	21.9
16	Markham	239	140	17.1
17	Richmond Hill	231	141	16.4
18	Vaughan	226	210	10.8
19	East York	223	71	31.4
20	Newmarket	207	66	31.4
21	Kitchener	206	128	16.1
22	Barrie	186	101	18.4
23	St. Catharines	171	90	19.0
24	Burlington	161	154	10.5
25	Oshawa	157	62	25.3
26	Peterborough	137	55	24.9
27	Thunder Bay	135	69	19.6
28	Guelph	108	112	9.6
29	Cambridge	100	87	11.5
30	Ajax	92	49	18.8
31	Brantford	87	58	15.0
32	Sault Ste. Marie	86	42	20.5
33	Waterloo	81	105	7.7
34	Whitby	78	64	12.2
35	York	78	86	9.1
36	Belleville	72	32	22.5

RANK	AREA	SPECIALISTS	FAMILY DOCTORS	PER 10 FAMILY DOCTORS
37	Niagara Falls	69	28	24.6
38	Rural Eastern Ontario	67	249	2.7
39	Sarnia	67	29	23.1
40	Owen Sound	66	29	22.8
41	Milton	62	102	6.1
42	North Bay	60	39	15.4
43	Stratford	59	20	29.5
44	East Toronto	55	91	6.0
45	Orillia	50	34	14.7
46	Woodstock	46	19	24.2
47	Chatham-Kent	45	40	11.2
48	Cornwall	45	26	17.3
49	Rural Southwestern Ontario	42	248	1.7
50	Rural Northern Ontario	41	130	3.2
51	St. Thomas	39	23	17.0
52	Welland	36	27	13.3
53	Brockville	35	23	15.2
54	Pembroke	31	14	22.1
55	Rural Central Ontario	28	105	2.7
56	Orangeville	27	26	10.4
57	Timmins	26	33	7.9
58	Clarington	25	74	3.4
59	Lindsay	25	20	12.5
60	Hawkesbury	24	17	14.1
61	Thorold	24	14	17.1
62	Pickering	23	58	4.0
63	Collingwood	22	27	8.1
64	Halton Hills	22	34	6.5
65	Simcoe	21	13	16.2
66	Penetanguishene	20	17	11.8
67	Grimsby	18	22	8.2
68	Cobourg	16	18	8.9
69	Bracebridge	15	14	10.7
70	Strathroy	15	14	10.7
71	Leamington	14	14	10.0
72	New Tecumseth	13	13	10.0
73	Huntsville	12	23	5.2
74	Fergus	11	17	6.5

RANK	AREA	SPECIALISTS	FAMILY DOCTORS	PER 10 FAMILY DOCTORS
75	Midland	11	20	5.5
76	Napanee	11	15	7.3
77	Port Hope	11	9	12.2
78	Tillsonburg	11	9	12.2
79	Renfrew	10	5	20.0
80	Perth	9	29	3.1
81	Aurora	8	41	2.0
82	Kenora	8	11	7.3
83	Parry Sound	8	20	4.0
84	Caledon	7	19	3.7
85	Goderich	7	14	5.0
86	Dunnville	6	5	12.0
87	Elliot Lake	6	6	10.0
88	Fort Erie	6	6	10.0
89	Kapuskasing	6	9	6.7
90	Quinte West	6	10	6.0
91	Whitchurch-Stouffville	6	20	3.0
92	Arnprior	4	20	2.0
93	Brant (Paris)	4	8	5.0
94	Carleton Place	4	12	3.3
95	Gravenhurst	4	6	6.7
96	Kirkland Lake	4	3	13.3
97	LaSalle	4	11	3.6
98	Sioux Lookout	4	40	1.0
99	Smiths Falls	4	9	4.4
100	Dryden	3	8	3.8
101	Kincardine	3	15	2.0
102	Petawawa	3	18	1.7
103	Port Colborne	3	10	3.0
104	Sturgeon Falls	3	5	6.0
105	Wasaga Beach	3	11	2.7
106	Amherstburg	2	8	2.5
107	Campbellford	2	10	2.0
108	Espanola	2	4	5.0
109	Essex	2	6	3.3
110	Fort Frances	2	9	2.2
111	Georgina	2	18	1.1
112	Hanover	2	11	1.8

RANK	AREA	SPECIALISTS	FAMILY DOCTORS	PER 10 FAMILY DOCTORS
113	Kingsville	2	12	1.7
114	Listowel	2	10	2.0
115	Russell	2	2	10.0
116	Uxbridge	2	9	2.2
117	Bradford West Gwillimbury	1	17	0.6
118	Essa	1	1	10.0
119	Loyalist	1	7	1.4
120	Port Stanley	1	2	5.0
121	Woolwich	1	1	10.0
122	Athens	0	2	0.0
123	Aylmer	0	6	0.0
124	Caledonia	0	9	0.0
125	Clarence-Rockland	0	16	0.0
126	Delhi	0	3	0.0
127	East Gwillimbury	0	4	0.0
128	Gananoque	0	6	0.0
129	Ingersoll	0	1	0.0
130	King	0	4	0.0
131	Lakeshore	0	3	0.0
132	Lincoln	0	6	0.0
133	Meaford	0	7	0.0
134	Tecumseh	0	7	0.0
135	Wilmot	0	3	0.0

How the score works

Score = 70 × A + 30 × B, rounded to a whole number.

1. **Residents per family doctor** = residents ÷ family doctors. **A** is the share of the other 73 areas with a lower figure, from 0 to 1.

2. **Specialty mix** = 10 × specialty clinics ÷ family clinics. **B** is the share of the other 73 with a lower figure, from 0 to 1.

3. **Ties** count as half.

100 means more residents per family doctor and more specialty clinics than every other area; 0 means fewer than all.

Example, Woodstock: 51,693 residents ÷ 19 family doctors = 2,721, higher than 68 of 73 (A = 0.93). 10 × 12 specialty clinics ÷ 13 family clinics = 9.2, higher than 68 of 73 (B = 0.93). Score = 70 × 0.93 + 30 × 0.93 = 93.

How we ranked

- **Source.** Practice addresses on the CPSO public register for physicians with an Ontario billing number, matched November 20, 2026.
- **Family doctors.** Physicians with OHIP specialty 00, each counted once at their practice address. Family doctors listed only at a hospital (emergency, hospitalist) are left out; hospital family medicine units and family health teams are kept.
- **Residents.** Statistics Canada, 2021 Census population by forward sortation area (the first three characters of a postal code), added up for each area.
- **Specialists.** Physicians with any OHIP specialty other than 00, each counted once at their practice address, hospitals included.
- **Family clinic.** A location with at least one family physician (OHIP specialty 00). **Specialty clinic**: a location with none.
- **Areas.** Toronto's postal codes are grouped into Canada Post's 9 districts: Downtown, Midtown (Canada Post's Central Toronto), East and West Toronto, East York, North York, Scarborough, Etobicoke and York. Every other city or town is taken whole: Kanata and Orléans count as Ottawa, Thornhill and Woodbridge as Vaughan, Courtice and Bowmanville as Clarington, Ancaster and Dundas as Hamilton.
- **Which areas.** The 74 areas with 20,000 or more residents and at least 3 family clinics. Rural postal areas (a 0 in the second character, like N0G) cover many small towns and are left out of the ranking; they're listed by region below.
- **Score.** Score = 70 × A + 30 × B, where A and B are the shares of the other 73 areas with fewer residents per family doctor and fewer specialty clinics per 10 family clinics. 100 is the most room.
- **Ontario average.** Ontario's 14,223,942 residents (2021 Census) ÷ 8,761 family doctors = 1,624.

What this ranking doesn't show

- **Where patients go.** People see doctors near work or in the next area, and regional centres serve nearby towns.

- **Neighbourhoods inside an area.** A city taken whole can hide a crowded corner and an empty one. The table below lists each area's postal codes so you can check yours.
- **Growth since 2021.** Fast-growing suburbs have more residents now than the 2021 Census counted.
- **Who has a doctor.** We count every resident, not only those without a family doctor. Mississauga and Brampton each had about 110,000 residents with no family doctor in early 2025 (Mississauga.com, February 2025).
- **Full-time or not.** A part-time doctor, or one in a focused practice such as sports medicine, counts the same as a full-time family doctor.
- **Hospital addresses.** Telling a hospital family medicine unit from emergency staff relies on the address text, so a few doctors may be counted on the wrong side.

Sources: CPSO public register, practice addresses of physicians with an Ontario billing number, matched November 20, 2026 (APEX analysis); Statistics Canada, 2021 Census of Population, population by forward sortation area (Table 98-10-0019-01); Canada Post districts of Toronto postal codes; Mississauga.com, Is Peel Region family doctor shortage pivotal election issue (February 2025).